

OUR PICKS



Acupuncture

Acupuncture Works

Manalapan
(732) 431-0015

Dentists, Orthodontics and Cosmetic Dentistry

Brace Place

800 Tennent Road
Manalapan
(732) 536-4422
509 Stillwells Corner Road
Freehold
(732) 462-7676
234 Princeton - Hightstown Rd.
Hightstown
(609) 448-6600
braceplace.com

Dr. John Young Colts Neck Center for Orthodontics & Invisalign

73 Highway 34 S.
Colts Neck
(732) 761-9700

Colts Neck Orthodontics Dr. Eanna Larraurie Cavanagh

29 Highway 34 N.
Colts Neck
(732) 303-9992

Cuozzo Orthodontics

4 Swimming River Road
Lincroft
(732) 747-3466
4StraightTeeth.com

Steven A. Burman, DMD, LLC

215 Gordons Corner Road
Manalapan
(732) 792-9950
stevenburman.com

Eyecare

Atlantic Laser - Dr. Goldberg

180 White Road
Little Silver
(732) 219-9220

Family Vision Health Center Dr. David Carotenuto, OD

The Courtyard
27 Hwy 34 N.
Colts Neck
(732) 409-0100
Familyvisionhc.com

Fitness Center

Basic Training

Willow Pointe Shopping Center
Englishtown
(732) 536-8101

Ladies Workout

Express Exclusive Plaza
316 Route 9 N.
Englishtown
(732) 536-5454

Ladies Workout Express

Maple Tree Plaza
Route 79 S.
Marlboro
(732) 845-2900

Power of One Fitness

706 Newman Springs Road
Lincroft
(732) 747-0484
powerofonefitness.com

Xcel Fitness

(732) 332-9696

Plastic Surgery, Reconstructive and Cosmetic

Advanced Vascular Solutions

188 East Bergen Place, Suite 2
Red Bank
(732) 345-VEIN (8346)
345VEIN.com

Aesthetic Skin Care Center

70 E. Front Street
Red Bank
(732) 747-5300

Allure Plastic Surgery Center

48 Pavillion Avenue
Long Branch
(732) 483-1800

AmeRx Aesthetic Laser Center

900 W. Main Street
Freehold
(732) 866-4000
amerxlasercenter.com

Louis M. Iorio, MD FACS

5 Professional Circle
Colts Neck
(732) 780-9191

New Beginnings - The Vein Institute of New Jersey

30 Highway 34 N, Suite 7
Colts Neck
53 Main Street
Sayreville
(732) 761-VEIN (8346)
mylovelylegs.net

New Jersey Vein and Cosmetic Surgery Center

92 Half Mile Road
Lincroft
(732) 450-0288

The Plastic Surgery Center

501 Iron Bridge Road
Freehold
(732) 409-9908
smartplasticsurgery.com

Bill McDonald
OPEN PASSAGE - Professional Coaching
for Business, Executive and Personal
Development
(732) 606-6790
billmcd3@netzero.com

"So many people live on the edge of overwhelm," said Bill McDonald who, as a certified professional coach (CPC), works with people to clarify what really matters to them and provides the tools that help them get what they want in life, love, and business. It's a tall order, and McDonald has the client testimonials to prove that he can fill it.

Whether a corporate executive or small business owner, single individual or married couple, organizational team or family unit, professional coaching draws on a client's own values and strengths to pinpoint and prioritize what will provide joy and satisfaction, the true benchmarks of success, according to McDonald.

A graduate of the College of Executive Coaching in Pismo Beach, California, he had an 11-year private practice in psychotherapy prior to making the transition to professional coaching. Now practicing in Monmouth County, McDonald uses intentional questioning to help clients determine exactly where they want to go and strategize ways to get there. Then, using a blend of support and challenge, he works to help them arrive. Sometimes it means setting new destinations. Often it means expanding on current successes. —By Kevin Shull

